

## Help with Subject Choice

Subject Choice is a very important stage in your child's school life and can have an impact on their future.

Careers Advisers recognise this and have already seen your child in a group discussion to look at how to make choices.

With our flexible approach we also offer the opportunity for your child to discuss their ideas individually with the school Careers Adviser. As an important influence on your child's choices you may wish to attend this discussion.

To help your child with Subject Choices, encourage them to think about, and talk to them about **themselves** – are they outgoing or quiet, are they a 'people person', do they love animals, do they want to travel, what do they want from a career, etc?

Get them to think about their **strengths** - are they practical, a good listener, creative, sporty, do they love science or fashion, or do they speak another language?

This will help your child to begin to think about their **career management skills** and begin making the right decisions that will help them throughout their lives.

For more information on how best to support your child with their learning and career choices visit My World of Work – [myworldofwork.co.uk](http://myworldofwork.co.uk) – Scotland's national careers advice website. There are lots of useful tools and resources including the new Subject Choice tool, information on choosing a career, routes into work, industry facts, the future job market and lots more.

Here's how to get involved –

**Parents Information Evening Tuesday 10th January 2017 7-8.30pm**

**Pupils will be seen individually during the school day, between 12th and 31st January.**

**Your child will be given a 15-minute appointment time in advance. If you wish to attend this meeting you will be very welcome. Please confirm your attendance by emailing the Careers Adviser on [alison.adam@sds.co.uk](mailto:alison.adam@sds.co.uk) or text her on 07900 044874.**