

## PARENT AND FAMILY SUPPORT TEAM

### Who are we?

The purpose of the Parent and Family Support Team within Stirling Council is to make a positive difference to families in Stirling.

### Our Aim

Stirling Council and its community partners are committed to ensuring that all children get the best start in life.

There is increasing evidence of the positive impact that a safe, nurturing and consistent home environment has on a child's development. We want to make sure that parents and carers in Stirling can access the support and advice that will help them in this parenting role so that children grow up to achieve positive outcomes.

We understand that family life can be challenging and our aim is to support families within the community by offering universal and targeted support for children 0 - 18 years.

We aim to work in partnership with families in an open, honest and constructive way.

## Our Services

We can offer a range of services for parents/carers and children/young people to maximise outcomes for children and families.

- Parenting Groups: Incredible Years, Triple P (managing elevated behaviours).
- THRIVE, (building adult/parental self-esteem and support for community learning development).
- Financial Advice (signposting to debt services).
- Parents Early Education Partnership (PEEP).
- Nurture: Baby Massage (attachment and connection).
- Play at Home (supporting learning and connection).
- Managing behaviour and building family relationships.
- Teenage support and guidance (Understanding and managing teenage behaviour).
- We provide a home visiting service.

### How these services will be provided

- Support provided can take place either in the family home, the community or at an alternative setting.
- Through a range of parenting and learning support programmes as outlined above.



### How can I access the Integrated Parent and Family Support Team?

Any parent/carer supporting children/young people aged 0 – 18 years can access support from the Parent and Family Support Team through a referral process.

### Referral Process

Referrals can be received from your child's/ young person's Named Person within Health (under 5 years) and Education and/or can be received from any other agency working with your family.

Referrers will be required to provide an initial assessment of your child and family circumstances and outline the specific support required.

### What happens next?

A Parent and Family Support Worker will contact you and arrange to meet with you at your convenience.

### Information Sharing

To ensure we are providing you with the best possible service, it is essential for us to share information with our partner agencies when necessary.

Personal information will only ever be shared with partner agencies that have a genuine requirement for this and only the minimal information will be shared.

All information will be processed in accordance with the Data Protection Act 1998.

### How to contact us?

**Parent and Family Support Team**

Monday – Friday, 9am – 5pm

Tel. 01786 233993 or 01786 233214

Email: [parenting@stirling.gov.uk](mailto:parenting@stirling.gov.uk)

# PARENT and FAMILY SUPPORT TEAM



## Information for Families



getting  
it right  
for every child

