

Friday 19th January

Pupil safety

All pupils are asked to take care when crossing the roads near the school, particularly during icy weather or dark days. Pupils are reminded to cross roads at the appropriate pedestrian crossings. Please remember to be respectful to members of the public on your journey to and from school including lunch times.

Pupils are reminded that in the event of snowy or icy conditions that the throwing of snowballs is not allowed within the school grounds. Any throwing of snowballs at traffic would be considered a police matter.

Mr Cassidy

Madrid Trip

All pupils attending the above excursion must meet in the Dance Studio at break MONDAY. It is vital all attend.

Thursday 18th January

S2 Football

Can the S2 Football Team please meet in the PE corridor (downstairs) at break time today

Wednesday 17th January

Meeting

Could the following pupils please come to room 134 during form to meet with Miss Robb:

Anna Kinsley, Alison Mitchell, Lucy Henderson, Isobel Lawton, Leona Band, Molly Pizey, Ayanna Cullen, Sadie Douglas,

Samantha Thomson, Meghan Reid, Cameron Lynn, Max Flett, Kieran Robertson, Beth Skinner, Samantha Reid, Nicole

MacPherson, Justus Beitinger, Sarah Park, Harvey Cotterill, Emily Melrose, Amber Currie, Jolie Drummond, David Beechey,

Aaron Stewart

Tuesday 16th January

S2 Football

Can the S2 football team please meet in the Dance Studio at breaktime today. Whole squad expected to attend

Stirling Schools Gymnastics

Can any level 1, 2 or 3 Gymnast please meet in the PE classroom at break today. **Attendance is vital.** If you have attended the Club after school on a Wednesday, please come along.

Monday 15th January

Pupil safety

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Mr Cassidy

Mindfulness

Learn mindfulness and benefit from some of the following:

stress reduction, better problem solving and decision making, reduced inner criticism, more focus, better sleep, reduced anxiety, better health, more creativity and slower aging.

Mr Downie (pupil support) is looking for 10 pupils (from all year groups) who would like to complete a 10 week mindfulness programme. The programme itself should take about 2 to 5 minutes a day for 10 weeks so it will not be time-consuming. You will need access to a computer or mobile phone (with internet access) to be able to take part. If you are interested then contact either Mr Downie or inform your tutor teacher who will e-mail me with your name. The deadline for applying is January 19th.

JUNK KOUTURE 2018

Please note that **Junk Kouture** this week is on every day this week.

WEDNESDAY 17th is the deadline for ALL entries.

THURSDAY 18th photographs will be taken.

FRIDAY 19th submitting entries – pupils must bring their Chromebooks.

London Dance Trip

Any pupils interested in attending the Dance Trip should see Miss Robb ASAP.

Tenner challenge

The Tenner challenge is back! Open to all S1 – S3 pupils who want to learn about business by doing. Build a team, research an idea, receive £10s start up capital, take part in weekly national competitions and earn money!

Come to a meeting Wednesday at lunchtime in Business to sign up or find out more.



Friday night football

Friday Night Football

Free sessions run by Stirling Council Youth Team, Active Stirling & Police Scotland

**Stirling High School
Astro Pitch
7pm - 9pm**
for young people aged 11+

You will take part in...

- Warm ups
- Drills
- Games

There will be rewards for **player of the month** and **player of the year**.

If you would like further information please contact Stirling Council Youth Team on 01786 233562 or email youthteam@stirling.gov.uk

Cyberfirst Girls Competition – S2 girls

Build a team, complete challenges and aim to make the final in Manchester! Speak to Ms McAlpine ASAP if you are thinking of entering a team. Four teams have already signed up. Sign up closes on Tuesday.

29th January 2018.
The day you take on the
CyberFirst Girls Competition.



If you're a girl in Year 8 (S2), ready to face a challenge or two, now's your moment. Grab up to three friends and sign up to the online round of the NCSC's CyberFirst Girls Competition, opening 29th January 2018. Complete challenges, gain badges and you and your team could make it to the final. Time is tight, so talk to your teacher and register at cyberfirst.ncsc.gov.uk



Senior prelims

Good luck to all seniors who are currently sitting their prelims. A copy of the timetable issued before Christmas is [here](#).

Can all pupils please remember that prelims do not only take place in the assembly hall, but in classrooms throughout the school. Please continue to walk from class to class in a quiet and orderly fashion.