

May 2018



Stirling High School
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Mr Kevin Kelman

Dear Parent/Carer

Stirling High School has been working with new partners in the wider community to develop our approaches to health and well-being. We would like our young people and families to be aware of the importance of food and nutrition and how the local environment of Stirling supports food production.

Every Thursday from 4:30pm to 6:30pm, local producers are in our school selling their produce in the Stirling Food Assembly. We also run a community café at the Food Assembly every Thursday. You can buy from the producers by signing up online at the Stirling Food Assembly:

<https://thefoodassembly.com/en/assemblies/8259>

On **Thursday May 10th** we are having a tasting party at the Food Assembly from 4:30- 6:30pm so please pop in at any time to find out more about the Food Assembly.

Saturday 16th June from 10am to 2pm we are also having a Community Partnership Summer Food Festival. This is a day for all the family and friends to come and enjoy an exciting range of food and to socialise. Our Food Assembly producers will be there with our Community Café with pupils performing musical entertainment. We are also planning to have Stirling High School honey for sale and stalls run by families.

Pupils, families and friends can have a stall at our Summer Food Festival as can local food and drink businesses ranging from home-baking, savoury goodies, traditional Scottish fayre to foods from diverse ethnic backgrounds. If you would like a stall, the cost is £10 plus a small donation to our food inspired raffle. All profits are kept by the stall-holders and we will publicise your goods. Pupils can run stalls too. If interested, please contact the school at:

Stirlinghs@glow.sch.uk

I look forward to seeing you at the Food Assembly or at our Summer Food Festival.

Yours sincerely

Paul Cassidy
Head Teacher
Stirling High School

Stirling High School is a community where we are committed to doing our best. We REACH out to support everyone through developing resilience, ethos, achievement, community and health. Our school aims create the support and environment for our young people to be the best that they can be.